



Member of Parliament
Pontiac-Kitigan Zibi
Sophie Chatel

Standing up for human rights and responsible global leadership

I believe Canada has a responsibility to advance peace, human rights, and international cooperation in an increasingly uncertain world.

Since I was elected in 2021, I have worked to promote a principled Canadian voice in international affairs, rooted in diplomacy, respect for international law, and the protection of human dignity.



2021 – 2023

Early in my mandate, I began meeting with members of the **Islamic Centre of the Outaouais**. Through moments such as Eid celebrations and Canadian Islamic History Month, I had the opportunity to celebrate the important contributions of the Muslim community in the Outaouais.

Then, as the conflict in Gaza and the humanitarian crisis deepened in 2023, I met with community members to hear directly about the profound impact this was having on families here at home. These exchanges deepened my understanding of how closely international events and local community life are connected.

In 2023, I brought that perspective to my role on the **Standing Committee on Foreign Affairs and International Development**, where I contributed to studies on the war in Ukraine, Canada's sanctions regime, and Canada's diplomatic capacity and other international issues.

2024

In 2024, I continued meeting with members of the Islamic Centre of the Outaouais, both during community moments such as Eid al-Adha and in deeper conversations about Palestine. As the humanitarian crisis in Gaza continued, these exchanges helped me better understand how profoundly it was affecting families here in the Outaouais.

That perspective informed my work on the Foreign Affairs Committee, where I contributed to the study on Canada's Advancement of a Two-State Solution, examining how Canada can help support a just and lasting peace between Israelis and Palestinians.

I also had the honour of proposing and contributing to the committee's study on Canada's Approach to Africa, focused on strengthening partnerships with African nations through mutual respect, shared aspirations, and deeper cooperation.



I visited the **United Nations headquarters** in New York, where I met with Bob Rae, Canada's Ambassador to the United Nations, to discuss the evolving global landscape and Canada's role on the international stage. I also took part in important discussions with Riyadh Mansour, the Permanent Observer of the State of Palestine to the United Nations, as well as representatives of Senegal and Malaysia, on the alarming situation in the Middle East and the question of Canada's recognition of the State of Palestine.

In 2024, I also joined the **Canadian NATO Parliamentary Association**, strengthening my engagement on Canada's role in international peace and security.



2025

Following the election and the start of a new parliamentary session in 2025, my role shifted off the Standing Committee on Foreign Affairs, but international issues remained an important part of my work.

In conversations with constituents throughout the year, including with members of the Islamic Centre of the Outaouais during Iftar and Eid, I continued to hear how the situation in Gaza was affecting families here at home. Those exchanges reinforced my commitment to peace, justice, and human rights, and helped shape my support for Canada's recognition of the State of Palestine.

At the same time, global affairs were also being felt through growing economic tensions closer to home. As unfair U.S. tariffs created uncertainty for Canadian workers, businesses, and key sectors such as forestry and construction, I worked to ensure Pontiac–Kitigan Zibi's voice was heard.

When tariffs first hit, I convened an emergency regional meeting that brought together mayors, wardens, chambers of commerce, SADCs, farmers, and affected businesses so that regional concerns were heard directly by the **Hon. François-Philippe Champagne**, then Minister of Innovation, Science and Industry.



I also renewed my engagement in parliamentary diplomacy by rejoining the Canadian NATO Parliamentary Association and the Canada–United States Inter-Parliamentary Group, among other parliamentary associations.



2026

In 2026, I continue my work in parliamentary diplomacy through my participation in the **Canadian NATO Parliamentary Association** and the **Canada–United States Inter-Parliamentary Group**. At the same time, I remain committed to dialogue here at home, including with members of the Islamic Centre of the Outaouais, and to standing clearly against hatred and injustice in all their forms.

